DELIVER A MCMAP PERIOD OF INSTRUCTION



Marine Corps Martial Arts Program¹

OVERVIEW

- Effective Communication
- Components of a Lesson
- Lecture
- EDIP
- Tie-Ins
- Warrior Studies



Communication Process

- Sending AND Receiving Messages
 - Verbal
 - Non-verbal
 - Written
 - Physical
- Ongoing Process
- Feedback

- Verbal
- Non-Verbal
- Listening
- Questioning

- Verbal
 - Volume
 - Rate
 - Dialect
 - Pronunciation
 - Articulation
 - Force
 - Inflection
 - Pause

- Non-Verbal
 - Posture
 - Movement
 - Nervousness
 - Gestures
 - Facial expressions
 - Eye contact

- Listening
 - Paying close attention
 - Channel for learning
 - Instructor barriers
 - Interrupt communication
 - Signals to students
 - Student barriers
 - Distractions

- Questioning
 - Emphasize points, monitor comprehension, stimulate thinking, increase participation
 - Clear, concise, relevant, thought provoking
 - Asking questions
 - Receiving questions
 - Probing questions

Facilitation Techniques

- Real World Relevance
- Student Focus
 - Direct attention
 - Simple to complex
- Control the lesson
- Motivation techniques
- Interaction with students





COMPONENTS OF A LESSON

Present the Introduction

- GOLMEST
 - Gain Attention (WIIFM)
 - Overview
 - Learning Objectives
 - Method / Media
 - Evaluation
 - Safety / Cease Training
 - Transition

COMPONENTS OF A LESSON

Present the Body

- "Meat and potatoes"
- Main ideas sequenced to flow smoothly

Transitions

- Bridge between main ideas
- Review, probe, introduce (RPI)

Present the Summary

- Review all main ideas
- Provide closure





LECTURE

Formal Lecture

- Large audience (>100)
- Student listening skills
- Instructor knowledge
- Communication skills
- Short and organized

LECTURE

Informal Lecture

- Small audience (<100)
- Student interaction
- Use of media
- Instructor knowledge
- Communication skills





EDIP

Introduction

- Gain Attention
 - WIIFM
- Overview
- Positions
 - Demonstration position
 - Practice position(s)
- Safeties*
 - BEFORE the demonstration

EDIP

Explain

- Purpose
- Principles
- Fundamentals

Demonstrate

- Once full speed, once slower
- Show the perfect picture
- Do NOT explain the steps

EDIP

Imitate

- Explain each step
- "Like this, do that"
- Students don't get ahead
- Fault check / reinforce safeties

Practice

- Students become proficient
- Fault check / reinforce safeties



Transition

- Change students over
- Imitate and practice again
- Demonstrate the next technique
- Smooth transition to the tie-in





TIE-IN

Introduction

- Gain attention
- Instructor Knowledge
- Subject matter expert
- Responsibility of the Marines
- What is expected of them
- Student Participation
- Maximum interaction





WARRIOR STUDY

Selecting the Subject

- Discretion of the instructor
- List provided in the book
- Identifiable with the students
- Additional research

WARRIOR STUDY

Presentation

- DO NOT read the citation
- Describe in your words
- Paint the picture
- Motivate the students

Discussion

- MCMAP disciplines
- Core values
- Leadership characteristics



REVIEW

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